

NEWS 16.12.2020

Covid-19 restrictions; Lambeth Parent Forum events; Activities; Information and Support

Well we're coming to the end of the term, everyone is ready for a break, and now **London is in Tier 3** restrictions for Covid-19.

For more information about what this means, and how you can get help if you need it, go to <u>Lambeth</u> website

Don't forget that you can translate the Lambeth website if you need to. The translate button is at the bottom of the page.

<u>Lambeth Larder</u> brings together details of where you can get emergency food, advice and other support, as well as how you can volunteer or donate to help others.

Covid-19 tests are now available for all pupils at secondary schools in Lambeth and their families, whether they have symptoms or not. You should receive a letter from your child's school to explain how to get the test.

Coming up with Lambeth Parent Forum

Look out for information about Lambeth Parent Forum online events coming up in January:

11th January 2021 - Focus group to look at NHS Key Worker plans

13th January 2021 - Come Together! Coffee Morning with LA guests to talk about what's going on and how it should be communicated.

19th January 2021 - EPEC Course for parents begins - details out soon

26th January 2021 - Money Matters Workshop - details out soon.

Join Lambeth Parent Forum

Lambeth Parent Forum is open to all parents and carers of children and young people with additional needs and disabilities aged 0 - 25 in the London Borough of Lambeth. Our aim is to provide opportunities for parents and carers to contribute to developing services that meet the needs of their families, whilst sharing experiences and knowledge with other parents and carers.

If you know anyone who would like to join Lambeth Parent Forum, please ask them to complete our joining form on our website www.lambethparentforum.com

Activities

We had hoped to bring you news of activities available over the holidays, but the new restrictions have affected some of these.

Here's some organisations we've been told about:

Sport

London Wayfarers Hockey Club have launched their <u>Flyerz Hockey club</u> in Clapham South. They provide disability inclusive hockey sessions for young people aged 8 - 25. If you're interested, here's <u>how to join</u>

Disability Sports Coach have moved their Christmas Club online this year. There will be dancing, quizzing, baking and sports over the Christmas period. You'll need to register with them. All the details are on their <u>website</u>

Special Interest

All Aboard Club is the new name for Engine Shed. They provide inclusive play sessions for children and young people with autism and ADHD who have a special interest in trains. They also sell activity packs and gifts. You can subscribe on their <u>website</u> to get updates about the play sessions.

This winter the **National Trust** has Peter Rabbit themed activities and games to try at home. Details are on their website

Theatre and Music

While theatres are closed, there are a number of shows which will be available online, and some of them are free.

Official London Theatre has a list of online shows here including the National Theatre's panto Dick Whittington which will be available to watch for free on YouTube on 23rd December at 3pm

Jessie's Fund helps children with additional or complex needs to communicate using music. During lockdown they have produced a number of music videos including this <u>one for Christmas</u>, which caters for the processing needs of learners with complex needs, but has something for everyone.

Cooking

If your child or young person enjoys cooking, **United Response** have a number of accessible recipes on their <u>YouTube channel</u>

Information and Advice

SEN Online Drop In - The January Drop In session has been moved to **20th January 2021, 11am - 12.30** to allow everyone to get back after the holidays.

You can book a 15 minute slot to speak with a member of the SEN team by emailing TImms@lambeth.gov.uk or text **07740 745580** with your preferred contact number. Sessions are held via Microsoft Teams.

In February they will be back to the first Wednesday of the month, 3rd February 2021.

The new Lambeth Information, Advice and Support Service

(IASS) website https://www.lambethiass.org.uk/ has been launched and contains a range of different guides and resources for parents, children & young people and professionals around the Special Educational Needs & Disability framework.

As well as parents and carers, young people aged 16 - 25 with SEND can contact IASS to get impartial information, advice and support. Details are on their website.

Lambeth IASS have also teamed up with Indo-American Refugee and Migrant Association (IMRO) to run a **Spanish language SEN Workshop** in January 2021. Details are on the Lambeth IASS website.

The <u>SEND Code of Practice 0 - 25 2015</u> explains the duties of local authorities, health bodies, schools and colleges to provide for those with special educational needs under part 3 of the Children and Families Act 2014. There is also a <u>Guide for Parents and Carers</u> which describes how the system is intended to work.

Healthwatch Lambeth are conducting research into the experience of preparing for adulthood and transition to adult services for young people with learning disabilities and/or complex mental health needs. If you would like to share your experience, please contact Mike Rogers on mike.rogers@healthwatchlambeth.org.uk or tel: 07779 403861

Reminder about Lambeth Carers Card - If you haven't signed up yet, you can find more information here

Cerebra is a national charity helping children with brain conditions and their families. They have a wealth of information on their <u>website</u> and have recently produced a range of <u>factsheets</u> looking at Sensory Processing issues.

We hope you all have a peaceful and restful break over the holidays and look forward to seeing you in the New Year.