



Supporting families with children and young people with Special Educational Needs and Disabilities

NEWS 08.12.2020

Webinars, Meetings, Petition and Survey

We hope you are keeping safe and well.

Here's a round up of **Webinars and Meetings** coming up that we've heard about:

Lambeth Parent Forum and Family Action Lambeth Come Together! Coffee Morning.

Our last Come Together! Coffee Morning of 2020 will be on **Wednesday 16th December 2020, 10.00 -12.00**

We will be joined by Adam Yarnold, SEN Lead, and Ola Ogunrinola, Service Manager CWD for this coffee morning, who will be updating us about the current situation in Lambeth and answering questions.

Registration details will go out soon.

Include Me Too is a national charity supporting disabled children, young people and their families from diverse backgrounds.

They run free workshops for parents and carers. Coming up on **Thursday 10th December** is a workshop '**Being Prepared and Planning Ahead**' covering the Mental Capacity Act and how to support rights and decision making. Details are on their [website](#)

A2ndVoice continues to provide a range of webinars and meetings with a focus on Autism and Learning Disability in African, Caribbean, Asian and Minority Ethnic Communities. Details of events in December and January are on their [website](#) including on **Friday 11th**

December - 'Better awareness of girls and young women in particular at risk of being sectioned'

Fulham FC Foundation are looking to get their Lambeth **Junior Pan Disability Football** sessions up and running again in the new year. They currently have sessions at Emmanuel School, Wandsworth on a **Friday evening 6.30 - 7.30pm**. For more information contact Katy Shephard, Disability Development Officer on kshephard@fulhamfc.com or tel: 07827 957837

Introduction to Non-Violent Resistance

NVR Practitioners Consortium are offering an online 2-hour **Introduction To NVR** session on **Saturday, 12th December, 10:30am-12:30pm**.

The session is for parents and carers struggling to manage their children/young people's behaviours of concern, including violence, drug/alcohol misuse, verbal abuse, self-harm, controlling behaviour and eating disorders.

It will introduce the principles of NVR, with the aim of helping parents/carers to decide if NVR could work for their family, and will also offer some tools for them to implement straightaway. Tickets cost £10 (£5 for those on a low income/receiving means-tested benefits) and are available from [Eventbrite](#) Details on the attached flyer

Healthwatch Lambeth are conducting research into the experience of preparing for adulthood and transition to adult services for young people with learning disabilities and/or complex mental

health needs. If you would like to share your experience, please contact Mike Rogers on mike.rogers@healthwatchlambeth.org.uk or tel: 07779 403861

As part of this work, they have a webinar on **Wednesday 16th December 1.00 - 2.30pm** at which Adam Yarnold, SEN Lead, will be talking about how the system works. Book via [Eventbrite](#) Details on the attached flyer

If you're looking for tips and strategies to help your neurodiverse family survive and thrive over the festive season from parents who know, have a look at **Lavender's** event '**Have Yourself a Very ND Christmas!**' on **Friday 11th December, 10.00 - 11.00** Book via [Eventbrite](#)

Lambeth Leisure Centres 'Back to Better' programme offers free taster exercise sessions to anyone over 16 across the borough in December. Details of when, where and how to book can be found [here](#)

Petitions and Surveys

Young Minds, a children and young people's mental health charity, have started a petition asking the Government to 'look beyond tomorrow' and to:

- Ensure that all young people and families who need immediate mental health support can get it, to prevent the pandemic from having long-term consequences for young people's mental health.
- Help schools and professionals to support young people with their mental health during and after the pandemic.
- Commit to introducing additional support for young people's mental health beyond the pandemic to tackle the anticipated rise in mental health needs.

You can **sign the petition** [here](#)

The Royal College of Speech and Language Therapists wants to find out how coronavirus and lockdown has affected people's access to speech and language therapy. You can **access the survey** in a variety of ways, including Easy Read for young people, on their website [here](#)

Join Lambeth Parent Forum

Lambeth Parent Forum is open to all parents and carers of children and young people with additional needs and disabilities aged 0 - 25 in the London Borough of Lambeth. Our aim is to provide opportunities for parents and carers to contribute to developing services that meet the needs of their families, whilst sharing experiences and knowledge with other parents and carers.

If you know anyone who would like to join Lambeth Parent Forum, please ask them to complete our joining form on our website www.lambethparentforum.com

Hope you find this useful.

ONLINE INTRODUCTION TO NVR
(Non-Violent Resistance Parenting Approach)
Saturday, 12th December, 10:30am – 12:30pm

Are you struggling to manage your child's aggressive, violent, controlling or self-destructive behaviour?

The NVR Parenting Approach can help you.

The Non-Violent Resistance (NVR) Parenting Programme has helped thousands of families to change their lives. Parents report increased confidence in their parenting, a greater sense of agency and improved relationships within the family.

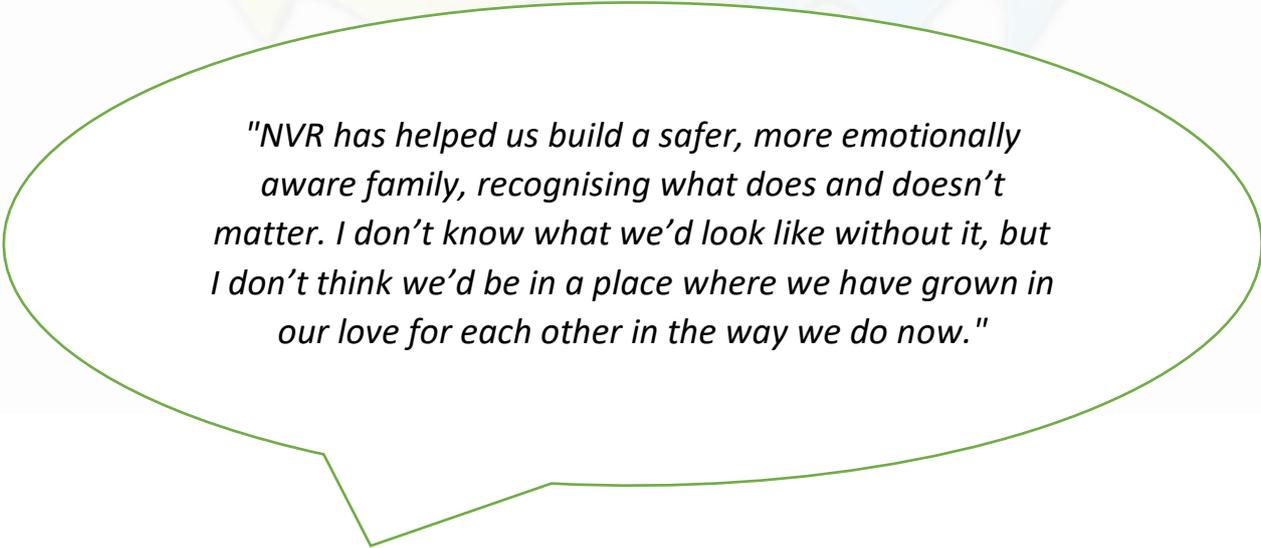
NVR has been implemented in a wide range of family situations, including violence, drug/alcohol misuse, verbal abuse, self-harm, controlling behaviour and eating disorders. NVR can be used with children from around 5 years old, right up to adulthood. It also has proved effective with neuro-atypical children/young people and with all kinds of family make-up, including foster and adoptive families.

Want to find out more? Come along to our online *Introduction to NVR* session

The session is aimed at parents and carers struggling to manage their children/young people's behaviours of concern. If you are already practising NVR in your family, it is also an excellent way to introduce NVR to your supporters.

This lively and interactive presentation by the NVR Practitioners Consortium will introduce the principles of NVR. The aim is to help you to decide if this approach could work for your family, find out how you can support a family practicing NVR, and to offer some tools for you to implement straightaway.

Tickets cost £10 (£5 if you are on a low income or receiving means-tested benefits) and are available from [Eventbrite](#)



"NVR has helped us build a safer, more emotionally aware family, recognising what does and doesn't matter. I don't know what we'd look like without it, but I don't think we'd be in a place where we have grown in our love for each other in the way we do now."

About the facilitators:

Dawn Oliver was trained in NVR by Michelle Shapiro in 2015. Dawn has theoretical knowledge and personal experience in the fields of autism, adoption and person-centred approaches. Dawn has delivered NVR training to parents of children with SEND in schools. She also facilitates NVR group trainings for adoptive parents, parents of children with SEND and foster carers, as well as working directly with families. Dawn also trains professionals. Dawn is a qualified NVR Practitioner and Supervisor.

Rachel Braverman discovered NVR just in time. Her adopted son has significant and complex needs, which nearly led to the placement breaking down. Adopting NVR principles has led to the violence reducing from daily/going on for hours to occasional and short lived episodes, transforming the atmosphere at home. In her professional life, Rachel was an experienced trainer and facilitator, so she was delighted to be able to train as an NVR practitioner in 2018. She works with groups and individual families.

Wednesday 16th December 1 PM to 2:30 PM.



Do you look after or work with a young person with Special Educational Needs who is getting ready to move into adult life?



- We need your help with our research looking at the experiences of this group of young people. We would like to hear about your experiences and any views or ideas you have.
- We are pleased to welcome Adam Yarnold from the Lambeth SEN service who will be talking about how the system works for different groups of young people.
- There will be space for questions and discussion. We want to hear what has worked well for you, what challenges you have faced and any ideas for changes you have.

To register head over to www.eventbrite.co.uk and search for :

Transition of young people with SEN Webinar

All who register there will be given the webinar login details closer to the time.

For any questions, don't hesitate to get in touch!



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